



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

**Kruspe, Ramona**

Club: Nesselal

Number: 513

Course: 16.00 km

16 km Nordic Walking

Category:

weiblich Nordic Walking

Total time: 2:38:07

Speed: 6.07 km/h

Running performance: 9:53 min/km

Rank in course/Total: 36 (of 40)

Rank in course/Women: 29 (of 33)

Best time in course: 2:10:22

Rank in category: 29(of 33)

Best time in the category: 2:10:22