



40. Oster-Ilsetalllauf
Ilseburg / 08.04.2023

Detailed evaluation

Pfeffer, Andreas

Club: Skiclub Ilseburg
Number: 278

Course: 8.70 km
8,7 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 45:52

Speed: 11.38 km/h
Running performance: 5:16 min/km

Rank in course/Total: 44 (of 121)

Rank in course/Men: 31 (of 67)

Best time in course: 31:48

Rank in category: 2(of 4)

Best time in the category: 41:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Abzweig Tännental	4.00	22:24	5:35	3	2:25	33	6:59	4.00	22:24	5:35	3	2:25	33	6:59
Ilseburg/Markt	4.70	23:28	4:59	2	2:06	31	7:05	8.70	45:52	5:16	2	4:31	31	14:04