



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Tepe, Marie

Club: Leipzig

Number: 320

Course: 8.70 km

8,7 km - Lauf

Category:

Frauen (20-29 Jahre)

Total time: 47:52

Speed: 10.91 km/h

Running performance: 5:30 min/km

Rank in course/Total: 59 (of 121)

Rank in course/Women: 17 (of 54)

Best time in course: 38:09

Rank in category: 6(of 12)

Best time in the category: 44:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännatal	4.00	23:27	5:51	6	3:43	17	4:59	4.00	23:27	5:51	6	3:43	17	4:59
Ilseburg/Markt	4.70	24:25	5:11	6	1:35	18	4:44	8.70	47:52	5:30	6	3:12	17	9:43