



# 40. Oster-Ilsetalllauf

Ilsenburg / 08.04.2023

## Detailed evaluation

**Bormann, Johannes**

Club: Mercedes-Benz Center Wernigerode  
Number: 206

Course: 8.70 km

8,7 km - Lauf

Category:

Männer (20-29 Jahre)

Total time: 50:23

Speed: 9.53 km/h

Running performance: 5:47 min/km

Rank in course/Total: 79 (of 121)

Rank in course/Men: 53 (of 67)

Best time in course: 31:48

Rank in category: 8(of 10)

Best time in the category: 34:04

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Abzweig Tännatal	4.00	24:25	6:06	9	7:55	51	9:00	4.00	24:25	6:06	9	7:55	51	9:00
Ilsenburg/Markt	4.70	25:58	5:31	8	8:24	51	9:35	8.70	50:23	5:47	8	16:19	53	18:35