



40. Oster-Ilsetalllauf

Ilsenburg / 08.04.2023

Detailed evaluation

Max, Papner

Club: Grundschule Darlingerode
Number: 391

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U12 (10-11 Jahre)

Total time: 7:40

Speed: 13.30 km/h
Running performance: 4:31 min/km

Rank in course/Total: 18 (of 72)

Rank in course/Men: 15 (of 49)

Best time in course: 5:24

Rank in category: 7(of 15)

Best time in the category: 6:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
am Blochhauer	0.85	3:52	4:32	7	0:41	15	1:14	0.85	3:52	4:32	7	0:41	15	1:14
Ilsenburg/Markt	0.85	3:48	4:28	6	0:28	13	1:02	1.70	7:40	4:30	7	1:09	15	2:16