



# 40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

## Detailed evaluation

**Max, Papner**

Club: Grundschule Darlingerode  
Number: 391

Course: 1.70 km  
1,7 km - Nachwuchslauf

Category:  
männliche Kinder U12 (10-11 Jahre)

Total time: 7:40

Speed: 7.83 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 18 (of 72)

Rank in course/Men: 15 (of 49)

Best time in course: 5:24

Rank in category: 7(of 15)

Best time in the category: 6:31

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| am Blochhauer      | 0.85     | 3:52       | 4:32         | 7        | 0:41        | 15      | 1:14       | 0.85     | 3:52          | 4:32         | 7        | 0:41        | 15      | 1:14       |
| Ilseburg/Markt     | 0.85     | 3:48       | 4:28         | 6        | 0:28        | 13      | 1:02       | 1.70     | 7:40          | 4:30         | 7        | 1:09        | 15      | 2:16       |