



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Eggert, Gerald

Club: Halberstadt
Number: 215

Course: 8.70 km
8,7 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 59:29

Speed: 8.78 km/h
Running performance: 6:50 min/km

Rank in course/Total: 107 (of 121)

Rank in course/Men: 65 (of 67)

Best time in course: 31:48

Rank in category: 2(of 3)

Best time in the category: 52:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Abzweig Tännental	4.00	27:48	6:57	2	1:47	65	12:23	4.00	27:48	6:57	2	1:47	65	12:23
Ilseburg/Markt	4.70	31:41	6:44	3	5:08	65	15:18	8.70	59:29	6:50	2	6:55	65	27:41