



# 40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

## Detailed evaluation

**Eggert, Gerald**

Club: Halberstadt  
Number: 215

Course: 8.70 km  
8,7 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 59:29

Speed: 8.07 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 107 (of 121)

Rank in course/Men: 65 (of 67)

Best time in course: 31:48

Rank in category: 2(of 3)

Best time in the category: 52:34

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Abzweig Tännental	4.00	27:48	6:57	2	1:47	65	12:23	4.00	27:48	6:57	2	1:47	65	12:23
Ilseburg/Markt	4.70	31:41	6:44	3	5:08	65	15:18	8.70	59:29	6:50	2	6:55	65	27:41