



# 40. Oster-Ilsetalllauf

Ilsenburg / 08.04.2023

## Detailed evaluation

**Morawetz, Ute**

Club: TV Jahn Schneverdingen  
Number: 271

Course: 8.70 km  
8,7 km - Lauf

Category:  
Seniorinnen W60 (60-64 Jahre)

Total time: 59:31

Speed: 8.06 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 108 (of 121)

Rank in course/Women: 43 (of 54)

Best time in course: 38:09

Rank in category: 3(of 3)

Best time in the category: 53:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Abzweig Tännental	4.00	28:24	7:05	2	2:28	41	9:56	4.00	28:24	7:05	2	2:28	41	9:56	
Ilsenburg/Markt	4.70	31:07	6:37	3	3:58	43	11:26	8.70	59:31	6:50	3	6:26	43	21:22	