



40. Oster-Ilsetalllauf

Ilsenburg / 08.04.2023

Detailed evaluation

Kaukereit, Julia

Club: Ludwigsfelder Leichtathleten e.V.
Number: 242

Course: 8.70 km
8,7 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 1:01:07

Speed: 8.54 km/h
Running performance: 7:01 min/km

Rank in course/Total: 110 (of 121)

Rank in course/Women: 45 (of 54)

Best time in course: 38:09

Rank in category: 2(of 2)

Best time in the category: 39:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännatal	4.00	28:37	7:09	2	9:40	42	10:09	4.00	28:37	7:09	2	9:40	42	10:09
Ilsenburg/Markt	4.70	32:30	6:54	2	11:51	45	12:49	8.70	1:01:07	7:01	2	21:31	45	22:58