



40. Oster-Ilsetalllauf
Ilseburg / 08.04.2023

Detailed evaluation

Wichmann, Julia

Club: Harz-Gebirgslauf Wernigerode
Number: 423

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Kinder U12 (10-11 Jahre)

Total time: 7:41

Speed: 7.81 km/h
Running performance: 4:31 min/km

Rank in course/Total: 19 (of 72)

Rank in course/Women: 4 (of 23)

Best time in course: 6:58

Rank in category: 2(of 5)

Best time in the category: 7:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
am Blochhauer	0.85	3:45	4:24	1	-	3	0:14	0.85	3:45	4:24	1	-	3	0:14
Ilseburg/Markt	0.85	3:56	4:37	2	0:06	4	0:30	1.70	7:41	4:31	2	0:06	4	0:43