



40. Oster-Ilsetalllauf
Ilsenburg / 08.04.2023

Detailed evaluation

Draber, Svea

Club: Stapelburg
Number: 213

Course: 8.70 km
8,7 km - Lauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 1:09:13

Speed: 7.54 km/h
Running performance: 7:58 min/km

Rank in course/Total: 115 (of 121)

Rank in course/Women: 48 (of 54)

Best time in course: 38:09

Rank in category: 1(of 2)

Best time in the category: 1:09:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännental	4.00	33:32	8:22	2	0:02	53	15:04	4.00	33:32	8:22	2	0:02	53	15:04
Ilsenburg/Markt	4.70	35:41	7:35	1	-	47	16:00	8.70	1:09:13	7:57	1	-	48	31:04