



40. Oster-Ilsetallauf

Ilseburg / 08.04.2023

Detailed evaluation

Eyermann, Jakob

Club: Brockenlaufverein Ilseburg
Number: 39

Course: 16.50 km
16,5 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:09:36

Speed: 13.79 km/h

Running performance: 4:13 min/km

Rank in course/Total: 7 (of 135)

Rank in course/Men: 7 (of 102)

Best time in course: 1:03:29

Rank in category: 3(of 6)

Best time in the category: 1:07:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Abzweig Tännental	4.00	17:07	4:16	3	0:36	8	1:42	4.00	17:07	4:16	3	0:36	8	1:42	
Plessenburg	3.00	19:10	6:23	3	0:33	8	2:20	7.00	36:17	5:10	3	1:07	8	3:48	
Abzweig rote Brü	3.00	13:34	4:31	3	0:16	7	1:07	10.00	49:51	4:59	3	1:21	8	4:55	
Ilseburg/Markt	6.50	19:45	3:02	3	1:15	7	1:15	16.50	1:09:36	4:13	3	2:16	7	6:07	