



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Petersohn, Helga

Club: MSV Eintracht Halberstadt
Number: 277

Course: 8.70 km
8,7 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 1:09:39

Speed: 6.89 km/h
Running performance: 8:01 min/km

Rank in course/Total: 117 (of 121)

Rank in course/Women: 50 (of 54)

Best time in course: 38:09

Rank in category: 4(of 4)

Best time in the category: 55:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Abzweig Tännental	4.00	32:05	8:01	4	4:46	48	13:37	4.00	32:05	8:01	4	4:46	48	13:37
Ilseburg/Markt	4.70	37:34	7:59	4	9:04	51	17:53	8.70	1:09:39	8:00	4	13:50	50	31:30