



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Kade, Mads

Club: Skiclub Ilseburg
Number: 378

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U10 (8-9 Jahre)

Total time: 8:01

Speed: 7.48 km/h
Running performance: 4:43 min/km

Rank in course/Total: 23 (of 72)

Rank in course/Men: 19 (of 49)

Best time in course: 5:24

Rank in category: 5(of 19)

Best time in the category: 7:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
am Blochhauer	0.85	4:02	4:44	7	0:26	21	1:24	0.85	4:02	4:44	7	0:26	21	1:24
Ilseburg/Markt	0.85	3:59	4:41	4	0:07	18	1:13	1.70	8:01	4:42	5	0:22	19	2:37