



40. Oster-Ilsetalllauf
Ilsenburg / 08.04.2023

Detailed evaluation

Löwe, Jesse James

Club: Stapelburg
Number: 390

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U12 (10-11 Jahre)

Total time: 8:10

Speed: 7.35 km/h
Running performance: 4:48 min/km

Rank in course/Total: 25 (of 72)

Rank in course/Men: 21 (of 49)

Best time in course: 5:24

Rank in category: 8(of 15)

Best time in the category: 6:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
am Blochhauer	0.85	4:07	4:50	8	0:56	24	1:29	0.85	4:07	4:50	8	0:56	24	1:29
Ilsenburg/Markt	0.85	4:03	4:45	8	0:43	19	1:17	1.70	8:10	4:48	8	1:39	21	2:46