



40. Oster-Ilsetalllauf

Ilsenburg / 08.04.2023

Detailed evaluation

Klocke, Lennart

Club: NSV Wernigerode

Number: 382

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

männliche Kinder U10 (8-9 Jahre)

Total time: 8:15

Speed: 7.27 km/h

Running performance: 4:51 min/km

Rank in course/Total: 27 (of 72)

Rank in course/Men: 22 (of 49)

Best time in course: 5:24

Rank in category: 7(of 19)

Best time in the category: 7:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
am Blochhauer	0.85	4:06	4:49	9	0:30	23	1:28	0.85	4:06	4:49	9	0:30	23	1:28
Ilsenburg/Markt	0.85	4:09	4:52	9	0:17	24	1:23	1.70	8:15	4:51	7	0:36	22	2:51