



40. Oster-Ilsetalllauf
Ilseburg / 08.04.2023

Detailed evaluation

Schrader, Noel

Club: Stapelburg

Number: 411

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

männliche Kinder U8 (unter 8 Jahren)

Total time: 8:21

Speed: 7.19 km/h

Running performance: 4:55 min/km

Rank in course/Total: 30 (of 72)

Rank in course/Men: 24 (of 49)

Best time in course: 5:24

Rank in category: 1(of 6)

Best time in the category: 8:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
am Blochhauer	0.85	4:10	4:54	1	-	26	1:32	0.85	4:10	4:54	1	-	26	1:32
Ilseburg/Markt	0.85	4:11	4:55	1	-	25	1:25	1.70	8:21	4:54	1	-	24	2:57