



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Hüttl, Jens

Club: LC Auensee Leipzig e.V.
Number: 62

Course: 16.50 km
16,5 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:38:24

Speed: 10.06 km/h
Running performance: 5:58 min/km

Rank in course/Total: 91 (of 135)

Rank in course/Men: 74 (of 102)

Best time in course: 1:03:29

Rank in category: 13(of 15)

Best time in the category: 1:09:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Abzweig Tännatal	4.00	24:16	6:03	13	7:16	79	8:51	4.00	24:16	6:03	13	7:16	79	8:51	
Plessenburg	3.00	28:40	9:33	15	10:14	84	11:50	7.00	52:56	7:33	15	17:10	82	20:27	
Abzweig rote Brü	3.00	20:00	6:40	14	6:09	75	7:33	10.00	1:12:56	7:17	14	23:19	80	28:00	
Ilseburg/Markt	6.50	25:28	3:55	11	5:42	58	6:58	16.50	1:38:24	5:57	13	28:31	74	34:55	