



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Jacobs, Noah

Club: Dessau-Roßlau
Number: 64

Course: 16.50 km
16,5 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 1:39:36

Speed: 9.94 km/h
Running performance: 6:02 min/km

Rank in course/Total: 93 (of 135)

Rank in course/Men: 76 (of 102)

Best time in course: 1:03:29

Rank in category: 1(of 1)

Best time in the category: 1:39:36

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Abzweig Tännatal	4.00	24:10	6:02	1	-	78	8:45	4.00	24:10	6:02	1	-	78	8:45
Plessenburg	3.00	27:00	9:00	1	-	74	10:10	7.00	51:10	7:18	1	-	77	18:41
Abzweig rote Brü	3.00	21:02	7:00	1	-	85	8:35	10.00	1:12:12	7:13	1	-	77	27:16
Ilseburg/Markt	6.50	27:24	4:12	1	-	74	8:54	16.50	1:39:36	6:02	1	-	76	36:07