



40. Oster-Ilsetalllauf
Ilsenburg / 08.04.2023

Detailed evaluation

Aulich, Sven

Club: Grün Weiss Ilsenburg
Number: 353

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U10 (8-9 Jahre)

Total time: 8:19

Speed: 7.21 km/h
Running performance: 4:53 min/km

Rank in course/Total: 29 (of 72)

Rank in course/Men: 23 (of 49)

Best time in course: 5:24

Rank in category: 8(of 19)

Best time in the category: 7:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
am Blochhauer	0.85	3:56	4:37	5	0:20	19	1:18	0.85	3:56	4:37	5	0:20	19	1:18
Ilsenburg/Markt	0.85	4:23	5:09	11	0:31	30	1:37	1.70	8:19	4:53	8	0:40	23	2:55