



40. Oster-Ilsetalllauf
Ilsenburg / 08.04.2023

Detailed evaluation

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Club: Ilsenburg
Number: 398

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U12 (10-11 Jahre)

Total time: 8:25

Speed: 7.13 km/h
Running performance: 4:57 min/km

Rank in course/Total: 33 (of 72)

Rank in course/Men: 27 (of 49)

Best time in course: 5:24

Rank in category: 9(of 15)

Best time in the category: 6:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
am Blochhauer	0.85	4:10	4:54	10	0:59	26	1:32	0.85	4:10	4:54	10	0:59	26	1:32
Ilsenburg/Markt	0.85	4:15	5:00	9	0:55	27	1:29	1.70	8:25	4:57	9	1:54	27	3:01