



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Rohr, Hanna

Club: Grundschule Darlingerode
Number: 399

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

weibliche Kinder U10 (8-9 Jahre)

Total time: 9:50

Speed: 6.10 km/h

Running performance: 5:47 min/km

Rank in course/Total: 62 (of 72)

Rank in course/Women: 18 (of 23)

Best time in course: 6:58

Rank in category: 9(of 9)

Best time in the category: 8:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
am Blochhauer	0.85	4:46	5:36	8	0:28	18	1:15	0.85	4:46	5:36	8	0:28	18	1:15
Ilseburg/Markt	0.85	5:04	5:57	9	0:56	18	1:38	1.70	9:50	5:47	9	1:24	18	2:52