



40. Oster-Ilsetalllauf
Ilsenburg / 08.04.2023

Detailed evaluation

Becker, Ida Lou

Club: TSV 1893 Langeln
Number: 354

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Kinder U10 (8-9 Jahre)

Total time: 9:31

Speed: 6.30 km/h
Running performance: 5:36 min/km

Rank in course/Total: 57 (of 72)

Rank in course/Women: 15 (of 23)

Best time in course: 6:58

Rank in category: 7(of 9)

Best time in the category: 8:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| am Blochhauer | 0.85 | 4:49 | 5:40 | 9 | 0:31 | 19 | 1:18 | 0.85 | 4:49 | 5:40 | 9 | 0:31 | 19 | 1:18 |
| Ilsenburg/Markt | 0.85 | 4:42 | 5:31 | 5 | 0:34 | 13 | 1:16 | 1.70 | 9:31 | 5:35 | 7 | 1:05 | 15 | 2:33 |