



40. Oster-Ilsetalllauf
Ilsenburg / 08.04.2023

Detailed evaluation

Roick, Collin

Club: Ilsenburg (Harz)
Number: 400

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U10 (8-9 Jahre)

Total time: 9:15

Speed: 6.49 km/h
Running performance: 5:26 min/km

Rank in course/Total: 55 (of 72)

Rank in course/Men: 42 (of 49)

Best time in course: 5:24

Rank in category: 16(of 19)

Best time in the category: 7:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
am Blochhauer	0.85	4:31	5:18	16	0:55	42	1:53	0.85	4:31	5:18	16	0:55	42	1:53
Ilsenburg/Markt	0.85	4:44	5:34	15	0:52	41	1:58	1.70	9:15	5:26	16	1:36	42	3:51