



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Kaufhold, Clara

Club: Grundschule Darlingerode
Number: 379

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Kinder U8 (unter 8 Jahren)

Total time: 9:32

Speed: 6.29 km/h
Running performance: 5:37 min/km

Rank in course/Total: 58 (of 72)

Rank in course/Women: 16 (of 23)

Best time in course: 6:58

Rank in category: 2 (of 6)

Best time in the category: 9:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
am Blochhauer	0.85	4:39	5:28	1	-	12	1:08	0.85	4:39	5:28	1	-	12	1:08
Ilseburg/Markt	0.85	4:53	5:44	2	0:23	16	1:27	1.70	9:32	5:36	2	0:21	16	2:34