



40. Oster-Ilsetalllauf  
Ilsenburg / 08.04.2023

Detailed evaluation

Rose, Anna Lotta

Club: Wernigerode  
Number: 403

Course: 1.70 km  
1,7 km - Nachwuchslauf

Category:  
weibliche Kinder U12 (10-11 Jahre)

Total time: 9:53

Speed: 6.07 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 63 (of 72)  
Rank in course/Women: 19 (of 23)

Best time in course: 6:58  
Rank in category: 5(of 5)  
Best time in the category: 7:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
am Blochhauer	0.85	4:42	5:31	5	0:57	16	1:11	0.85	4:42	5:31	5	0:57	16	1:11
Ilsenburg/Markt	0.85	5:11	6:05	5	1:21	19	1:45	1.70	9:53	5:48	5	2:18	19	2:55