



40. Oster-Ilsetalllauf
Ilseburg / 08.04.2023

Detailed evaluation

Blieblau, Sophia

Club: Grundschule Darlingerode
Number: 358

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Kinder U8 (unter 8 Jahren)

Total time: 11:24

Speed: 5.26 km/h
Running performance: 6:43 min/km

Rank in course/Total: 70 (of 72)

Rank in course/Women: 23 (of 23)

Best time in course: 6:58

Rank in category: 6(of 6)

Best time in the category: 9:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
am Blochhauer	0.85	5:37	6:36	6	0:58	23	2:06	0.85	5:37	6:36	6	0:58	23	2:06
Ilseburg/Markt	0.85	5:47	6:48	6	1:17	23	2:21	1.70	11:24	6:42	6	2:13	23	4:26