



40. Oster-Ilsetalllauf
Ilseburg / 08.04.2023

Detailed evaluation

Ziebler, Carlotta

Club: Braunschweiger Laufclub
Number: 425

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 6:58

Speed: 14.64 km/h
Running performance: 4:06 min/km

Rank in course/Total: 8 (of 72)
Rank in course/Women: 1 (of 23)

Best time in course: 6:58

Rank in category: 1(of 3)
Best time in the category: 6:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
am Blochhauer	0.85	3:32	4:09	2	0:01	2	0:01	0.85	3:32	4:09	2	0:01	2	0:01
Ilseburg/Markt	0.85	3:26	4:02	1	-	1	-	1.70	6:58	4:05	1	-	1	-