



40. Oster-Ilsetalllauf
Ilsenburg / 08.04.2023

Detailed evaluation

Jansen, Levke

Club: LV Marathon Kleve
Number: 237

Course: 8.70 km
8,7 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 39:36

Speed: 12.12 km/h
Running performance: 4:33 min/km

Rank in course/Total: 13 (of 121)

Rank in course/Women: 2 (of 54)

Best time in course: 38:09

Rank in category: 1(of 2)

Best time in the category: 39:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännental	4.00	18:57	4:44	1	-	2	0:29	4.00	18:57	4:44	1	-	2	0:29
Ilsenburg/Markt	4.70	20:39	4:23	1	-	2	0:58	8.70	39:36	4:33	1	-	2	1:27