



40. Oster-Ilsetalllauf

Ilseburg / 08.04.2023

Detailed evaluation

Eggert, Sven

Club: Leipzig
Number: 216

Course: 8.70 km
8,7 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 43:15

Speed: 11.10 km/h
Running performance: 4:58 min/km

Rank in course/Total: 26 (of 121)

Rank in course/Men: 21 (of 67)

Best time in course: 31:48

Rank in category: 3(of 10)

Best time in the category: 34:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Abzweig Tännatal	4.00	21:49	5:27	3	5:19	26	6:24	4.00	21:49	5:27	3	5:19	26	6:24
Ilseburg/Markt	4.70	21:26	4:33	3	3:52	16	5:03	8.70	43:15	4:58	3	9:11	21	11:27