



Detailed evaluation

Nowag, Ole

Club: JV Ohrange United
Number: 53

Course: 12.70 km
12,7 km-Lauf

Category:
männliche Jugend U16 (14-15)

Total time: 1:19:28

Speed: 9.59 km/h
Running performance: 6:16 min/km

Rank in course/Total: 51 (of 96)

Rank in course/Men: 40 (of 64)

Best time in course: 51:31

Rank in category: 2(of 5)

Best time in the category: 1:15:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.80	44:01	6:28	2	0:50	37	14:28	6.80	44:01	6:28	2	0:50	37	14:28
Finish	6.80	35:27	5:12	3	3:11	45	13:29	12.70	1:19:28	6:15	2	4:01	40	27:57