



Detailed evaluation

Ludwig, Ivette

Club: DLRG OT Gotha
Number: 47

Course: 12.70 km
12,7 km-Lauf

Category:
Seniorinnen W45 (45-49)

Total time: 1:21:54

Speed: 8.79 km/h
Running performance: 6:27 min/km

Rank in course/Total: 56 (of 96)
Rank in course/Women: 14 (of 32)
Best time in course: 58:31

Rank in category: 3(of 8)
Best time in the category: 1:09:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.80	46:48	6:52	3	6:11	14	14:04	6.80	46:48	6:52	3	6:11	14	14:04
Finish	6.80	35:06	5:09	3	5:51	13	9:19	12.70	1:21:54	6:26	3	12:02	14	23:23