



Detailed evaluation

Jarcalete, Constantin

Club: Konstantyn
Number: 34

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M35 (35-39)

Total time: 1:22:00

Speed: 8.78 km/h
Running performance: 6:28 min/km

Rank in course/Total: 57 (of 96)

Rank in course/Men: 43 (of 64)

Best time in course: 51:31

Rank in category: 8(of 12)

Best time in the category: 51:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.80	47:37	7:00	9	18:04	44	18:04	6.80	47:37	7:00	9	18:04	44	18:04
Finish	6.80	34:23	5:03	7	12:25	40	12:25	12.70	1:22:00	6:27	8	30:29	43	30:29