



Detailed evaluation

Jarcalete, Constantin

Club: Konstantyn
Number: 34

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M35 (35-39)

Total time: 1:22:00

Speed: 9.29 km/h
Running performance: 6:28 min/km

Rank in course/Total: 57 (of 96)

Rank in course/Men: 43 (of 64)

Best time in course: 51:31

Rank in category: 8(of 12)

Best time in the category: 51:31

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit | 6.80 | 47:37 | 7:00 | 9 | 18:04 | 44 | 18:04 | 6.80 | 47:37 | 7:00 | 9 | 18:04 | 44 | 18:04 |
| Finish | 6.80 | 34:23 | 5:03 | 7 | 12:25 | 40 | 12:25 | 12.70 | 1:22:00 | 6:27 | 8 | 30:29 | 43 | 30:29 |