



Detailed evaluation

Wolter, Steffen

Club: RennsteigSpirit.Training
Number: 95

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M55 (55-59)

Total time: 1:22:31

Speed: 9.23 km/h
Running performance: 6:30 min/km

Rank in course/Total: 58 (of 96)

Rank in course/Men: 44 (of 64)

Best time in course: 51:31

Rank in category: 2(of 4)

Best time in the category: 1:13:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Zwischenzeit	6.80	48:47	7:10	2	6:05	46	19:14	6.80	48:47	7:10	2	6:05	46	19:14
Finish	6.80	33:44	4:57	2	2:27	36	11:46	12.70	1:22:31	6:29	2	8:32	44	31:00