



Detailed evaluation

Löchner, Loreen

Club: Spontan Runners
Number: 46

Course: 12.70 km
12,7 km-Lauf

Category:
Seniorinnen W30 (30-34)

Total time: 1:24:47

Speed: 8.49 km/h
Running performance: 6:41 min/km

Rank in course/Total: 63 (of 96)
Rank in course/Women: 17 (of 32)

Best time in course: 58:31

Rank in category: 2(of 3)
Best time in the category: 1:12:47

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.80	47:47	7:01	2	5:52	17	15:03	6.80	47:47	7:01	2	5:52	17	15:03
Finish	6.80	37:00	5:26	2	6:08	18	11:13	12.70	1:24:47	6:40	2	12:00	17	26:16