



Detailed evaluation

Möller, Ivonne

Club: SpontanRunners
Number: 50

Course: 12.70 km
12,7 km-Lauf

Category:
Seniorinnen W45 (45-49)

Total time: 1:26:17

Speed: 8.83 km/h
Running performance: 6:47 min/km

Rank in course/Total: 67 (of 96)
Rank in course/Women: 19 (of 32)
Best time in course: 58:31

Rank in category: 4(of 8)
Best time in the category: 1:09:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.80	50:20	7:24	4	9:43	21	17:36	6.80	50:20	7:24	4	9:43	21	17:36
Finish	6.80	35:57	5:17	4	6:42	16	10:10	12.70	1:26:17	6:47	4	16:25	19	27:46