



Detailed evaluation

Brand, Benjamin

Club: SpontanRunners
Number: 10

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M35 (35-39)

Total time: 1:27:18

Speed: 8.73 km/h
Running performance: 6:52 min/km

Rank in course/Total: 69 (of 96)

Rank in course/Men: 49 (of 64)

Best time in course: 51:31

Rank in category: 10(of 12)

Best time in the category: 51:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.80	50:11	7:22	10	20:38	49	20:38	6.80	50:11	7:22	10	20:38	49	20:38
Finish	6.80	37:07	5:27	10	15:09	51	15:09	12.70	1:27:18	6:52	10	35:47	49	35:47