



Detailed evaluation

Schwede, Steffi

Club: Die Wandervögel
Number: 78

Course: 12.70 km
12,7 km-Lauf

Category:
Seniorinnen W40 (40-44)

Total time: 1:36:40

Speed: 7.88 km/h
Running performance: 7:37 min/km

Rank in course/Total: 81 (of 96)
Rank in course/Women: 24 (of 32)
Best time in course: 58:31

Rank in category: 8(of 10)
Best time in the category: 1:09:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	6.80	55:52	8:12	8	17:09	24	23:08	6.80	55:52	8:12	8	17:09	24	23:08
Finish	6.80	40:48	6:00	8	9:54	24	15:01	12.70	1:36:40	7:36	8	27:03	24	38:09