



Detailed evaluation

Große, René

Club: Rennsteiglaufrverein/LG Süd
Number: 27

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M45 (45-49)

Total time: 53:53

Speed: 13.36 km/h
Running performance: 4:14 min/km

Rank in course/Total: 4 (of 96)

Rank in course/Men: 4 (of 64)

Best time in course: 51:31

Rank in category: 1(of 7)

Best time in the category: 53:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.80	30:47	4:31	1	-	4	1:14	6.80	30:47	4:31	1	-	4	1:14
Finish	6.80	23:06	3:23	1	-	5	1:08	12.70	53:53	4:14	1	-	4	2:22