



Detailed evaluation

Heymel, Hendrik

Club: Triathlon Friedrichroda e.V.
Number: 33

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M40 (40-44)

Total time: 1:04:32

Speed: 11.81 km/h
Running performance: 5:05 min/km

Rank in course/Total: 13 (of 96)

Rank in course/Men: 12 (of 64)

Best time in course: 51:31

Rank in category: 3(of 20)

Best time in the category: 1:00:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.80	36:51	5:25	3	2:23	13	7:18	6.80	36:51	5:25	3	2:23	13	7:18
Finish	6.80	27:41	4:04	3	1:26	11	5:43	12.70	1:04:32	5:04	3	3:37	12	13:01