



## Detailed evaluation

**Rehbein, Thomas**

Club: Silbitz

Number: 58

Course: 12.70 km

12,7 km-Lauf

Category:

Senioren M45 (45-49)

Total time: 1:09:52

Speed: 10.31 km/h

Running performance: 5:30 min/km

Rank in course/Total: 22 (of 96)

Rank in course/Men: 19 (of 64)

Best time in course: 51:31

Rank in category: 4(of 7)

Best time in the category: 53:53

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	6.80	40:37	5:58	4	9:50	20	11:04	6.80	40:37	5:58	4	9:50	20	11:04
Finish	6.80	29:15	4:18	4	6:09	19	7:17	12.70	1:09:52	5:30	4	15:59	19	18:21