



Detailed evaluation

Rödl, Dennis

Club: Laufspaß Georgenthal
Number: 60

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M50 (50-54)

Total time: 1:10:44

Speed: 10.18 km/h
Running performance: 5:34 min/km

Rank in course/Total: 24 (of 96)

Rank in course/Men: 21 (of 64)

Best time in course: 51:31

Rank in category: 1(of 3)

Best time in the category: 1:10:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	6.80	40:14	5:55	1	-	18	10:41	6.80	40:14	5:55	1	-	18	10:41
Finish	6.80	30:30	4:29	1	-	25	8:32	12.70	1:10:44	5:34	1	-	21	19:13