



Detailed evaluation

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Club: SG Jugendkraft Crawinkel
Number: 39

Course: 12.70 km
12,7 km-Lauf

Category:
Senioren M40 (40-44)

Total time: 1:14:12

Speed: 10.27 km/h
Running performance: 5:50 min/km

Rank in course/Total: 38 (of 96)

Rank in course/Men: 32 (of 64)

Best time in course: 51:31

Rank in category: 12(of 20)

Best time in the category: 1:00:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	6.80	43:41	6:25	13	9:13	36	14:08	6.80	43:41	6:25	13	9:13	36	14:08
Finish	6.80	30:31	4:29	11	4:16	26	8:33	12.70	1:14:12	5:50	12	13:17	32	22:41