



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

Breuninger Sports I

Number: 1

Course: 168.97 km
Hörschel-Blankenstein

Category:
Frauenstaffel

Total time: 17:22:36

Speed: 9.72 km/h

Running performance: 6:10 min/km

Rank in course: 174 (of 191)

Best time in course: 10:58:34

Rank in category: 12(of 15)

Best time in the category: 12:59:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:30:02	6:25	8	23:14	165	33:48	14.00	1:30:02	6:25	8	23:14	192	33:48
Grenzwiese/Kleir	19.60	2:14:50	6:52	14	43:59	182	58:52	33.60	3:44:52	6:41	13	59:55	191	1:32:15
Neue Ausspanne	14.00	1:27:52	6:16	14	23:09	158	34:43	47.60	5:12:44	6:34	12	1:23:04	191	2:04:36
Grenzdler (Ober	13.70	1:31:35	6:41	14	27:28	172	39:43	61.30	6:44:19	6:35	14	1:50:32	191	2:40:09
Allzunah	19.90	1:51:14	5:35	7	29:17	141	43:10	81.20	8:35:33	6:20	11	2:19:49	191	3:20:26
Masserberg (Ren	17.90	1:59:38	6:41	14	36:21	175	51:18	99.10	10:35:11	6:24	15	2:48:26	191	4:05:42
Neuhaus (Rennst	19.90	1:53:51	5:43	8	18:59	116	36:53	119.00	12:29:02	6:17	12	3:07:25	191	4:38:03
Wanderhütte an	13.50	1:22:40	6:07	11	22:14	134	31:19	132.50	13:51:42	6:16	12	3:28:54	191	5:08:20
Brennersgrün	15.90	1:47:36	6:46	15	38:30	177	50:28	148.40	15:39:18	6:19	13	4:04:54	191	5:57:36
Blankenstein	20.30	1:43:18	5:05	7	1:43:18	93	1:43:18	168.97	17:22:36	6:10	12	4:22:45	174	6:24:02