



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

Mühlhäuser Laufmäuse

Club: Mühlhäuser Röblinglauf e.V.
Number: 5

Course: 168.97 km
Hörschel-Blankenstein

Category:
Frauenstaffel

Total time: 17:53:36

Speed: 9.44 km/h
Running performance: 6:21 min/km

Rank in course: 183 (of 191)

Best time in course: 10:58:34

Rank in category: 14(of 15)

Best time in the category: 12:59:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:37:48	6:59	15	31:00	187	41:34	14.00	1:37:48	6:59	15	31:00	192	41:34
Grenzwiese/Kleir	19.60	2:11:46	6:43	12	40:55	178	55:48	33.60	3:49:34	6:49	15	1:04:37	191	1:36:57
Neue Ausspanne	14.00	1:25:35	6:06	11	20:52	144	32:26	47.60	5:15:09	6:37	14	1:25:29	191	2:07:01
Grenzdler (Ober	13.70	1:35:01	6:56	15	30:54	178	43:09	61.30	6:50:10	6:41	15	1:56:23	191	2:46:00
Allzunah	19.90	2:09:46	6:31	13	47:49	181	1:01:42	81.20	8:59:56	6:38	15	2:44:12	191	3:44:49
Masserberg (Ren	17.90	1:32:14	5:09	5	8:57	65	23:54	99.10	10:32:10	6:22	14	2:45:25	191	4:02:41
Neuhaus (Rennst	19.90	2:32:12	7:38	15	57:20	188	1:15:14	119.00	13:04:22	6:35	15	3:42:45	191	5:13:23
Wanderhütte an	13.50	1:11:08	5:16	6	10:42	59	19:47	132.50	14:15:30	6:27	14	3:52:42	191	5:32:08
Brennersgrün	15.90	1:39:27	6:15	14	30:21	155	42:19	148.40	15:54:57	6:26	15	4:20:33	191	6:13:15
Blankenstein	20.30	1:58:39	5:50	13	1:58:39	144	1:58:39	168.97	17:53:36	6:21	14	4:53:45	184	6:55:02