



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

## Detailed evaluation

SC DHfK

Total time: 15:07:46

Number: 555

Speed: 11.17 km/h

Running performance: 5:22 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 70 (of 191)

Best time in course: 10:58:34

Category:

Rank in category: 12(of 54)

Mixstaffel

Best time in the category: 12:12:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:17:30	5:32	19	20:41	92	21:16	14.00	1:17:30	5:32	19	20:41	192	21:16
Grenzwiese/Kleir	19.60	1:41:04	5:09	15	24:18	63	25:06	33.60	2:58:34	5:18	17	39:45	191	45:57
Neue Ausspanne	14.00	1:13:50	5:16	14	14:12	79	20:41	47.60	4:12:24	5:18	12	47:52	191	1:04:16
Grenzdler (Ober	13.70	1:12:47	5:18	9	11:29	59	20:55	61.30	5:25:11	5:18	11	46:00	191	1:21:01
Allzunah	19.90	1:35:51	4:48	15	24:01	65	27:47	81.20	7:01:02	5:11	9	56:11	191	1:45:55
Masserberg (Ren	17.90	1:39:44	5:34	22	22:46	107	31:24	99.10	8:40:46	5:15	10	1:18:57	191	2:11:17
Neuhaus (Rennst	19.90	2:00:46	6:04	38	42:11	142	43:48	119.00	10:41:32	5:23	15	2:01:08	191	2:50:33
Wanderhütte an	13.50	1:07:17	4:59	4	12:59	41	15:56	132.50	11:48:49	5:20	8	2:03:17	191	3:05:27
Brennersgrün	15.90	1:28:15	5:33	24	24:09	102	31:07	148.40	13:17:04	5:22	9	2:21:41	191	3:35:22
Blankenstein	20.30	1:50:42	5:27	29	34:05	123	1:50:42	168.97	15:07:46	5:22	12	2:55:46	70	4:09:12