



23. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

Breuninger Sports II

Number: 506

Course: 168.97 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 15:54:14

Speed: 10.56 km/h

Running performance: 5:38 min/km

Rank in course: 108 (of 191)

Best time in course: 10:58:34

Rank in category: 21(of 54)

Best time in the category: 12:12:00

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hohe Sonne | 14.00 | 1:17:11 | 5:30 | 17 | 20:22 | 87 | 20:57 | 14.00 | 1:17:11 | 5:30 | 17 | 20:22 | 87 | 20:57 |
| Grenzwiese/Kleir | 19.60 | 1:52:13 | 5:43 | 30 | 35:27 | 114 | 36:15 | 33.60 | 3:09:24 | 5:38 | 26 | 50:35 | 109 | 56:47 |
| Neue Ausspanne | 14.00 | 1:23:50 | 5:59 | 33 | 24:12 | 131 | 30:41 | 47.60 | 4:33:14 | 5:44 | 23 | 1:08:42 | 191 | 1:25:06 |
| Grenzdler (Ober | 13.70 | 1:15:07 | 5:28 | 15 | 13:49 | 79 | 23:15 | 61.30 | 5:48:21 | 5:40 | 19 | 1:09:10 | 191 | 1:44:11 |
| Allzunah | 19.90 | 1:37:09 | 4:52 | 16 | 25:19 | 69 | 29:05 | 81.20 | 7:25:30 | 5:29 | 18 | 1:20:39 | 191 | 2:10:23 |
| Masserberg (Ren | 17.90 | 1:45:24 | 5:53 | 35 | 28:26 | 136 | 37:04 | 99.10 | 9:10:54 | 5:33 | 21 | 1:49:05 | 191 | 2:41:25 |
| Neuhaus (Rennst | 19.90 | 2:06:17 | 6:20 | 42 | 47:42 | 159 | 49:19 | 119.00 | 11:17:11 | 5:41 | 25 | 2:36:47 | 191 | 3:26:12 |
| Wanderhütte an | 13.50 | 1:21:53 | 6:03 | 25 | 27:35 | 131 | 30:32 | 132.50 | 12:39:04 | 5:43 | 25 | 2:53:32 | 191 | 3:55:42 |
| Brennersgrün | 15.90 | 1:25:45 | 5:23 | 21 | 21:39 | 86 | 28:37 | 148.40 | 14:04:49 | 5:41 | 21 | 3:09:26 | 191 | 4:23:07 |
| Blankenstein | 20.30 | 1:49:25 | 5:23 | 26 | 32:48 | 118 | 1:49:25 | 168.97 | 15:54:14 | 5:38 | 21 | 3:42:14 | 108 | 4:55:40 |