



23. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

Erbstromtaler Schmalwaden

Total time: 16:15:57

Number: 519

Speed: 10.39 km/h

Running performance: 5:46 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 134 (of 191)

Best time in course: 10:58:34

Category:

Rank in category: 32(of 54)

Mixstaffel

Best time in the category: 12:12:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:37:22	6:57	53	40:33	186	41:08	14.00	1:37:22	6:57	53	40:33	192	41:08
Grenzwiese/Kleir	19.60	1:53:03	5:46	33	36:17	121	37:05	33.60	3:30:25	6:15	48	1:11:36	191	1:17:48
Neue Ausspanne	14.00	1:13:42	5:15	13	14:04	77	20:33	47.60	4:44:07	5:58	35	1:19:35	191	1:35:59
Grenzadler (Ober	13.70	1:26:47	6:20	38	25:29	144	34:55	61.30	6:10:54	6:03	37	1:31:43	191	2:06:44
Allzunah	19.90	1:53:13	5:41	42	41:23	148	45:09	81.20	8:04:07	5:57	43	1:59:16	191	2:49:00
Masserberg (Ren	17.90	2:02:31	6:50	52	45:33	180	54:11	99.10	10:06:38	6:07	47	2:44:49	191	3:37:09
Neuhaus (Rennst	19.90	1:34:48	4:45	6	16:13	32	17:50	119.00	11:41:26	5:53	38	3:01:02	191	3:50:27
Wanderhütte an	13.50	1:19:54	5:55	21	25:36	122	28:33	132.50	13:01:20	5:53	36	3:15:48	191	4:17:58
Brennersgrün	15.90	1:31:15	5:44	27	27:09	120	34:07	148.40	14:32:35	5:52	35	3:37:12	191	4:50:53
Blankenstein	20.30	1:43:22	5:05	18	26:45	95	1:43:22	168.97	16:15:57	5:46	32	4:03:57	134	5:17:23