



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

## Detailed evaluation

Stadtverwaltung Suhl - Heimat für Marathon Total time: 17:44:56

Number: 567

Speed: 9.47 km/h

Running performance: 6:18 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 181 (of 191)

Best time in course: 10:58:34

Category:

Rank in category: 50(of 54)

Mixstaffel

Best time in the category: 12:12:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:24:12	6:00	37	27:23	147	27:58	14.00	1:24:12	6:00	37	27:23	192	27:58
Grenzwiese/Kleir	19.60	2:03:59	6:19	48	47:13	164	48:01	33.60	3:28:11	6:11	46	1:09:22	191	1:15:34
Neue Ausspanne	14.00	1:31:21	6:31	45	31:43	171	38:12	47.60	4:59:32	6:17	50	1:35:00	191	1:51:24
Grenzdler (Ober	13.70	1:22:09	5:59	30	20:51	122	30:17	61.30	6:21:41	6:13	48	1:42:30	191	2:17:31
Allzunah	19.90	1:57:47	5:55	48	45:57	163	49:43	81.20	8:19:28	6:09	47	2:14:37	191	3:04:21
Masserberg (Ren	17.90	1:49:30	6:07	41	32:32	154	41:10	99.10	10:08:58	6:08	48	2:47:09	191	3:39:29
Neuhaus (Rennst	19.90	2:24:19	7:15	51	1:05:44	184	1:07:21	119.00	12:33:17	6:19	50	3:52:53	191	4:42:18
Wanderhütte an	13.50	1:43:34	7:40	54	49:16	188	52:13	132.50	14:16:51	6:28	52	4:31:19	191	5:33:29
Brennersgrün	15.90	1:36:49	6:05	37	32:43	146	39:41	148.40	15:53:40	6:25	52	4:58:17	191	6:11:58
Blankenstein	20.30	1:51:16	5:28	31	34:39	125	1:51:16	168.97	17:44:56	6:18	51	5:32:56	182	6:46:22