



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

Bergische Jungs

Club: Rheingold

Number: 109

Course: 168.97 km

Hörschel-Blankenstein

Category:

Männerstaffel

Total time: 12:51:38

Speed: 13.06 km/h

Running performance: 4:34 min/km

Rank in course: 11 (of 191)

Best time in course: 10:58:34

Rank in category: 9(of 122)

Best time in the category: 10:58:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:14:17	5:18	52	18:03	67	18:03	14.00	1:14:17	5:18	52	18:03	67	18:03
Grenzwiese/Kleir	19.60	1:34:12	4:48	25	18:14	37	18:14	33.60	2:48:29	5:00	35	35:52	47	35:52
Neue Ausspanne	14.00	57:07	4:04	6	3:58	6	3:58	47.60	3:45:36	4:44	16	37:28	22	37:28
Grenzadler (Ober	13.70	1:08:33	5:00	35	16:41	39	16:41	61.30	4:54:09	4:47	17	49:59	22	49:59
Allzunah	19.90	1:29:56	4:31	29	21:52	41	21:52	81.20	6:24:05	4:43	15	1:08:58	22	1:08:58
Masserberg (Ren	17.90	1:18:34	4:23	7	10:14	9	10:14	99.10	7:42:39	4:40	15	1:13:10	19	1:13:10
Neuhaus (Rennst	19.90	1:26:22	4:20	7	9:24	8	9:24	119.00	9:09:01	4:36	15	1:18:02	17	1:18:02
Wanderhütte an	13.50	1:05:29	4:51	27	14:08	33	14:08	132.50	10:14:30	4:38	15	1:31:08	17	1:31:08
Brennersgrün	15.90	1:15:02	4:43	20	17:54	25	17:54	148.40	11:29:32	4:38	15	1:47:50	17	1:47:50
Blankenstein	20.30	1:22:06	4:02	9	8:03	12	1:22:06	168.97	12:51:38	4:34	9	1:53:04	11	1:53:04