



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

Wasserturmexpress reloaded

Total time: 13:54:42

Number: 205

Speed: 12.08 km/h

Running performance: 4:56 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 33 (of 191)

Best time in course: 10:58:34

Category:

Rank in category: 25(of 122)

Männerstaffel

Best time in the category: 10:58:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:09:31	4:57	24	13:17	34	13:17	14.00	1:09:31	4:57	24	13:17	34	13:17
Grenzwiese/Kleir	19.60	1:38:11	5:00	37	22:13	51	22:13	33.60	2:47:42	4:59	31	35:05	43	35:05
Neue Ausspanne	14.00	1:12:56	5:12	57	19:47	72	19:47	47.60	4:00:38	5:03	31	52:30	41	52:30
Grenzdler (Ober	13.70	1:06:02	4:49	23	14:10	25	14:10	61.30	5:06:40	5:00	25	1:02:30	33	1:02:30
Allzunah	19.90	1:45:00	5:16	82	36:56	114	36:56	81.20	6:51:40	5:04	34	1:36:33	44	1:36:33
Masserberg (Ren	17.90	1:26:04	4:48	20	17:44	29	17:44	99.10	8:17:44	5:01	30	1:48:15	38	1:48:15
Neuhaus (Rennst	19.90	1:44:50	5:16	50	27:52	69	27:52	119.00	10:02:34	5:03	32	2:11:35	41	2:11:35
Wanderhütte an	13.50	1:04:22	4:46	20	13:01	25	13:01	132.50	11:06:56	5:02	30	2:23:34	38	2:23:34
Brennersgrün	15.90	1:16:18	4:47	26	19:10	32	19:10	148.40	12:23:14	5:00	25	2:41:32	33	2:41:32
Blankenstein	20.30	1:31:28	4:30	27	17:25	37	1:31:28	168.97	13:54:42	4:56	25	2:56:08	33	2:56:08